

# Philippians - Week 11

5/31/20

## READ:

- Philippians 4:8-23
- Hebrews 13:5
- Psalm 116:7

## REFLECT:

- What are some topics you like to dwell upon or think deeply about? Are these new or have you been interested in them for awhile now?
- Images, activities, or words affect us all differently. What are some things that are not good for you to put in your mind? What are helpful things for you to dwell upon?
- Describe in your own words what Drew meant when he talked about a “with God” life.
- In what ways do you support and contribute to the local church (Calvary) and to the Kingdom of God all over the world?
- What is your heart not content with? Can you identify the root cause of that unsettledness?
- What steps can you take to be more content? Are there any spiritual practices or disciplines that could help?
- Are you someone who focuses more on your sin or that you are a saint? What is the result if you emphasize one more than the other?

## RESPOND:

### *Daily Training:*

- Memorize Psalm 116:7 (Return to your rest, my soul, for the Lord has been good to you.)