

Why We Gather- Training

1/10/21

READ:

- Colossians 3:5-11
- Romans 13

REFLECT:

- Have you ever trained or practiced for anything (race, concert, exam)? What did you learn about yourself during that process?
- What is the difference between training and trying? Why does this make a difference when following Jesus?
- What is the difference in training with a group compared to training on your own?
- How might the Church, the gathered people of God, train together in pursuit of holiness?
- How does Paul instruct us to begin to transform to the people that God desires us to be and created us to be?
- How does what we are learning inform how we live or train? How might the things we think about or dwell on change the way we live...for good or for bad?
- How do we train alongside each other? What role might accountability play in this?

RESPOND:

Daily Training:

- Identify one area (sin) you are struggling to overcome. Be vulnerable with one other believer (same gender) and ask him/her to help you pursue holiness.