

Discipleship Pathway - Training

11/24/19

READ:

- Matthew 7:24-27
- 1 Timothy 6:6
- Hebrew 4:9-10
- James 2:15-16
- 1 Kings 19:11-13
- James 1:22-24
- 1 Timothy 4:8

REFLECT:

- Do you live your life intentionally or do just go with the flow of life? What, if anything, do you wish you could be more intentional about?
- What is a hobby or passion have you invested a lot time, energy, money in order to improve in? How has that been beneficial for you?
- What spiritual discipline could use improvement in your life? (Take time as a group and list spiritual disciplines and verses that go with them.)
- Brainstorm some ways you could train in order to grow in that discipline. What part of the training do you think will be the hardest? Is there someone who can hold you accountable?
- What do you do first thing in the morning? What do you like about your morning routine? What would you like to change about your morning routine so time with Jesus is a top priority for you?
- Do you tend to focus more on who God says you are or who the world says you are?

RESPOND:

MMA - Identify an area in your spiritual life that you would like to grow or improve in. Pick a practice that will help you train to become more like Jesus.

Examples:

- Rest (Sabbath, solitude, or simplicity)
- Engage with God (Prayer, Bible reading, or worship)
- Other -Centeredness (Service, submission, or fasting)