

Joy - Count it All Joy

2/23/20

READ:

- 1 Thessalonians 5:1-22
- Acts 17:1-9

REFLECT:

- If you are a follower of Jesus, have you ever faced any hostilities because of following Him?
- Are there any situations in your life that tend to cause you more frustration? How do you usually handle it?
- What does it take for you to be able to stop and see the joy in any and all situations?
- What does “pursuing the good for one another” look like? How can you put that in action?
- Daniel talked about being bonded with Christ, and used the analogy of super glue. So, what is in your life or day that you bonded to?
- Paul warns us not to be lazy or escape. Where do you usually go or what do you do to escape? What steps could you take to not go there?
- Paul gives us three commands of encouragement at the end of 1 Thessalonians 5...do you see the fruit of these commands in your life? How could being self-controlled or more “mission focused” help?
- How does living in community with other help us keep focused on our mission, and to do so with joy?

RESPOND:

Daily Training:

- Practice the discipline of examination. (Each day answer the following)
 - What was the most life-giving moment of my day?
 - What was the most life-draining moment of the day?

- Through prayer, turn your attitude from both moments into thanksgiving leading to joy.