

Psalms of Ascent

11/3/19

READ:

- Psalm 121
- Psalm 124
- Psalm 130
- Psalm 131
- Psalm 134

REFLECT:

- Psalms 121
 - Do you feel safe in the Lord? Do you believe He is with you all the time?
 - Are you resting in your belief that God cares for you no matter what comes your way?
 - What situation or relationship do you need to surrender or entrust to Him?
- Psalms 124
 - Have you ever felt like you were waking blindly, not knowing where you were headed or where God was leading you?
 - What has God delivered you from? How can you remind yourself of the freedom you have found in Jesus?
- Psalms 130
 - How do you prepare your heart to encounter the presence of God?
 - What does it look like for you to wait on the Lord? Is this something that is difficult or easy for you?
 - Is there a situation right now that you feel the Lord inviting you to wait on Him?
- Psalm 131
 - How do we experience the calm and peace that is described in this Psalm?
 - What are the positive aspects of a childlike faith? How can we cultivate this even as adults?
- Psalm 134
 - How do you worship God? In what ways do you best connect with Him?

RESPOND:

Monday Morning Application:

- Take a journey towards God in the daily aspects of your life.