

# You Are Here - Study and Meditation

July 1, 2018

## READ:

- 2 Timothy 3:14-17
- Ephesians 2:10
- Hebrews 4:12-13

## REFLECT:

- When you were in school, were you one that studied a lot or just did what you needed to do to get by?
- Consistency is key to growth in anything; how consistent do you feel you are in your spiritual growth? What obstacles are in your way?
- People read through the Bible in a year using a different study method such as using a different translation, using a reading app, or verse mapping to understand original word meanings. Is this something that you have done this in the past? What is a new way of studying Scripture that you can begin that will help energize your love and understanding of God's Word?
- Has there been a time when something that you read in Scripture motivated you to act? What action did you take? Has there been any fruit as a result?
- How are you weeding your garden (your heart), watering it, and fertilizing it? Are you seeing or producing any fruit?
- In order to meditate on the Word of God, we need to be able sit and chew on it. We need to allow it to penetrate our mind, heart, and lives. It cannot be rushed. How can you slow down this week, in order to meditate on Scripture?

## RESPOND:

### *Monday Morning Application:*

- Read The Sermon on the Mount (Matthew 5-7)
- Commit to the 30 Days of Spiritual Formation for the month of July